



CHPCP SUPPORTING MUNICIPAL PUBLIC HEALTH & WELLBEING PLANNING FOR 2021-2025

CHPCP STRATEGIC PLAN (2018-2021) PRIORITIES:-

- Prevention of chronic disease - healthy eating and active living
- Prevention of family violence - healthy relationships
- Systems integration – addressing social determinants of health for wellbeing outcomes
- Effective and sustainable partnership

DATA PROFILES – FEBRUARY 2021

HIGHLIGHTS and CHALLENGES – Alpine Local Government Area (LGA)

HIGHLIGHTS	CHALLENGES
<ul style="list-style-type: none">• Low unemployment rate compared to Victorian measure• High levels of volunteerism• Estimated homeless persons is lower than Victorian measure• Adult vegetable consumption higher than Victorian measure• High rates of breastfeeding at 3 months	<ul style="list-style-type: none">• People with income less than \$500 per week is higher than Victorian measure• Proportion of adults smoking is higher than Victorian measure• Higher rates of overweight and obesity than Victorian measures• Higher increased risk of alcohol related harm on a single occasion, either yearly, monthly or weekly compared to Victorian measure

SNAPSHOT OF DEMOGRAPHICS & SOCIAL CONDITIONS

Sources:

- Australian Bureau of Statistics <https://itt.abs.gov.au/itt/r.jsp?databyregion#/> ; http://stat.data.abs.gov.au/index.aspx?DatasetCode=ABS_SEIFA2016_LGA
- VHISS <https://vhiss.reporting.dhhs.vic.gov.au/ViewContent.aspx?TopicID=1&SubTopicID>
- Crime Statistics Agency Victoria (year ending Sept 2020) <https://www.crimestatistics.vic.gov.au/crime-statistics/latest-crime-data-by-area>
- Victorian Women's Health Atlas (data for 2017-18, published Nov 2020) <https://victorianwomenshealthatlas.net.au/>

	Alpine	Benalla	Mansfield	Wangaratta	Victoria
Population (number)	12,814	14,037	9,176	29,187	6,596,039
Female Life expectancy (years)	81.5 years	79.1 years	81.4 years	80.2 years	81.9 years
Male Life expectancy (years)	84.6 years	83.8 years	84.7 years	84.8 years	85.6 years
Index of Relative Socio-economic disadvantage (IRSD)	994 (rank 39)	951 (rank 16)	1015 (rank 56)	983 (rank 32)	79 LGAs
Percentage of highly disadvantaged SA1s	19.1%	34.2%	4.6%	17.7%	17%
% residents born in NESB country	7.37%	4%	5.2%	4.9%	22.5%
% Aboriginal & Torres Strait Islander residents	0.8%	1.6%	0.7%	1.3%	0.8%
% population with low English proficiency	1%	0.4%	0.4%	0.7%	4.5%
Unemployment rate (%)	3.8%	5.3%	3.4%	4.6%	6.6%
Estimated homeless persons (per 1,000 population)	2.3	2.4	2.2	2.7	4.2
People with income less than \$500 per week	34.8%	35.9%	32.2%	32.8%	28.2%
Mortgage stress (%)	6.5%	7%	7.5%	5.8%	7.5%
Rental stress (%)	7.2%	8.5%	6%	8%	10.4%
Family Violence incidents (per 1,000 population)	10.1	27.9	11.1	20.3	9.3
Drug usage and possession offences (per 1,000 population)	1.6	2.8	1.2	3.3	2.1
Help out as a volunteer (%)	30.5%	26.5%	28.9%	25.7%	19.2%
Children developmentally vulnerable in two or more domains (see AEDC data)	12.8%	14.3%	4.9%	4.3%	10.1%
Teenage fertility rate	5.1	20.6	NA	17.2	9.5
People with need for assistance with core activity	5.3%	6.8%	4.5%	5.7%	5.1%
People with severe and profound disability living in the community	5.9%	6.5%	5.6%	8%	

TOP THREE HEALTH CONDITIONS (identified by number of hospital admissions)

Source: Victorian Health Information Surveillance System (VHISS) - Ambulatory Care Sensitive Conditions (ACSCs) data for 2019-20.

<https://hns.dhs.vic.gov.au/3netapps/vhisspublicsite/ReportParameter.aspx?ReportID=23&TopicID=1&SubtopicID=15>

Alpine	Benalla	Mansfield	Wangaratta
<ol style="list-style-type: none"> 1. Iron Deficiency Anaemia (64 admissions) 2. Congestive Cardiac Failure (49 admissions) 3. Chronic Obstructive Pulmonary Disease (38 admissions) 	<ol style="list-style-type: none"> 1. Chronic Obstructive Pulmonary Disease (87 admissions) 2. Congestive cardiac failure (72 admissions) 3. Iron Deficiency Anaemia (66 admissions) 	<ol style="list-style-type: none"> 1. Iron Deficiency Anaemia (66 admissions) 2. Chronic Obstructive Pulmonary Disease (48 admissions) 3. Congestive cardiac failure (28 admissions) 	<ol style="list-style-type: none"> 1. Iron Deficiency Anaemia (177 admissions) 2. Chronic Obstructive Pulmonary Disease (102 admissions) 3. Congestive cardiac failure (86 admissions)

VICTORIAN (ADULT) POPULATION HEALTH & WELLBEING

Source: Victorian Population Health Survey 2017 (published 2019). <https://www2.health.vic.gov.au/public-health/population-health-systems/health-status-of-victorians/survey-data-and-reports/victorian-population-health-survey/victorian-population-health-survey-2017>

MODIFIABLE RISK FACTORS CONTRIBUTING TO CHRONIC DISEASE

Modifiable Risk Factors	Alpine	Benalla	Mansfield	Wangaratta	OM region	Victoria
Smoking status – current smoker	22.1%	17.8%	21.2%	9.1%	15.7%	16.7%
Obesity (BMI greater than 30)	25.6%	31.0%	17.1%	21.6%	24.6%	19.3%
Pre-obesity (BMI 25.0 – 29.9)	33.2%	30.3%	39.9%	39.3%	34.9%	31.5%
Sedentary Behaviour	0.9%*	4.0%*	1.2%*	1.2%*	1.8%	2.5%
Met NHMRC (2013) vegetable consumption guidelines	8.2%*	7.7%*	7.7%*	7.1%	7.5%	5.4%
Met NHMRC (2013) fruit consumption guidelines	40.6%	38.1%	44.4%	45.1%	42.1%	43.2%
Daily consumer of sugar sweetened soft drinks	7.5%*	19.3%	15.1%*	12.4%	13.7%	10.1%
Breastfeeding rates at 3 mths (fully) (from 2017-18 M&CH annual report data)	62.3%	47.2%	63.6%	44.6%	-	-
Increased risk of alcohol related harm on a single occasion, either yearly, monthly or weekly.	53.6%	46.6%	54.4%	49.8%	52.6%	43.0%
High or very high level of psychological distress.	15.1%*	19.3%	16.3%*	12.9%	14.8%	15.4%

*point estimate (%) should be treated with caution.

HEALTH AND WELLBEING, CHRONIC CONDITIONS AND SCREENING

Health Status – self reported health status	Alpine	Benalla	Mansfield	Wangaratta	OM region	Victoria
Fair or poor	16.1%	20.6%	19.1%*	18.0%	20.1%	20.3%
Good	47.1%	49.8%	34.1%	35.4%	38.9%	37.6%
Excellent/very good	36.7%	29.5%	46.6%	46.4%	40.8%	41.6%
Chronic Disease diagnosis						
Type 2 Diabetes	4.4%	4.9%	3.8%	5.0%	5.4%	5.5%
Anxiety or depression	23.8%	37.2%	20.2%	31.2%	31.2%	27.4%
Arthritis	20.7%	19.8%	18.7%	23.1%	23.1%	20.5%
Cancer	8.4%	10.2%	8.6%	9.1%	9.8%	8.1%
Heart Disease	5.6%	4.4%	5.8%	5.7%	6.6%	6.7%

Biomedical check and screening data also available.

EARLY DEVELOPMENT (CHILDREN)

Source: Australian Early Development Census Data 2018 (published 2019) <https://www.aedc.gov.au/data/downloads>

Domains	Alpine		Benalla		Mansfield		Wangaratta		Victoria	
	% Children developmen tally at risk	% Children developmen tally vulnerable	% Children developmen tally at risk	% Children developmen tally vulnerable	% Children developmen tally at risk	% Children developmen tally vulnerable	% Children developmen tally at risk	% Children developmen tally vulnerable	% Children developmen tally at risk	% Children developmen tally vulnerable
Physical Health & Wellbeing	16.0%	12.8%	5.9%	12.6%	2.4%	6.1%	10.8%	4.0%	10.8%	8.2%
Social Competence	16.0%	12.0%	17.6%	11.8%	9.8%	3.7%	12.3%	4.3%	13.9%	8.8%
Emotional Maturity	20.8%	9.6%	17.6%	11.8%	7.3%	4.9%	9.3%	6.5%	14.2%	8.1%
Language & Cognitive Skills	3.2%	9.6%	11.8%	6.7%	7.3%	2.4%	8.3%	3.7%	9.0%	6.4%
Communication Skills & General Knowledge	17.6%	7.2%	10.1%	6.7%	11.0%	**	13.3%	2.5%	13.2%	7.4%

***no data available*

Data also available at a community level.