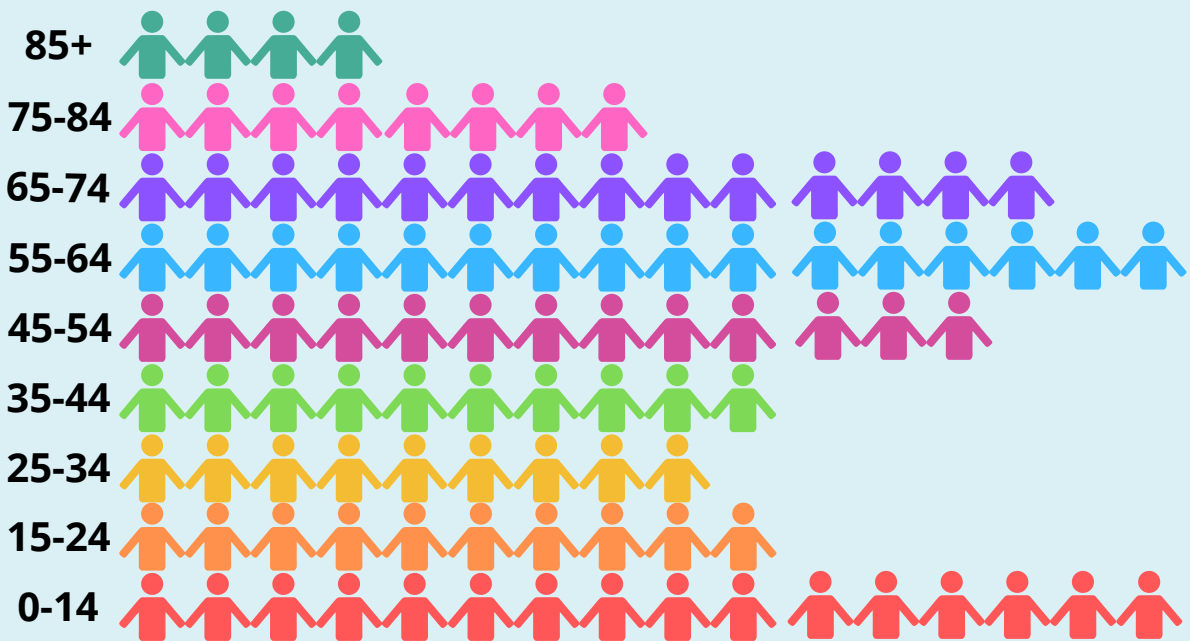




Benalla Local Government Area

IF IT WAS MADE UP OF 100
PEOPLE

THERE WOULD BE THIS MANY PEOPLE
IN EACH AGE GROUP:

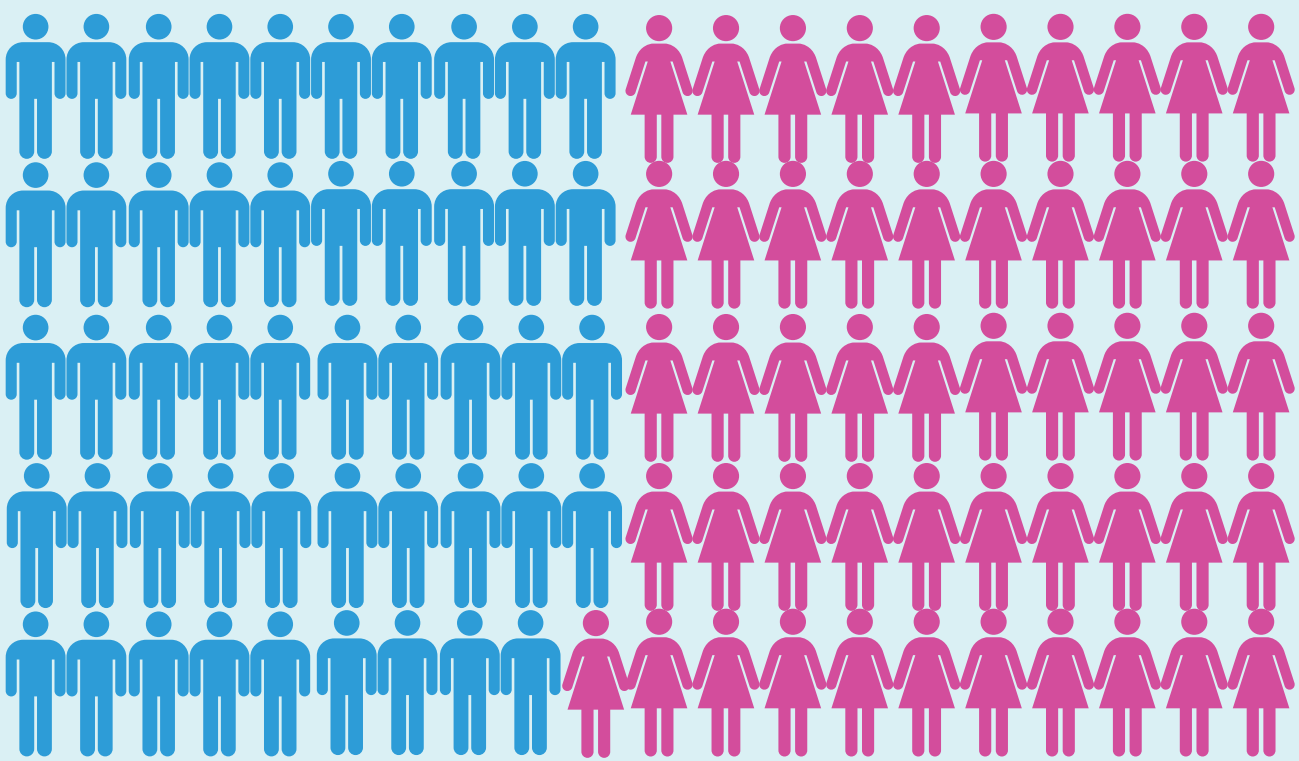


2 PEOPLE IDENTIFY
AS ABORIGINAL AND/OR
TORRES STRAIT ISLANDER



3 PEOPLE SPEAK A
LANGUAGE OTHER THAN
ENGLISH AT HOME

8 PEOPLE WERE
BORN OVERSEAS



49 Males

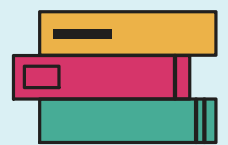
51 Females



43

PEOPLE ARE EMPLOYED

34



PEOPLE HAVE
COMPLETED YEAR 12
OR EQUIVALENT

31 people receive Government Pensions
and Allowances

- 18 aged pension
- 5 disability support pension
- 4 Newstart allowance
- 2 parenting payment
- 1 carer payment
- 1 youth allowance



Benalla Local Government Area

TOP FIVE CHRONIC HEALTH CONDITIONS

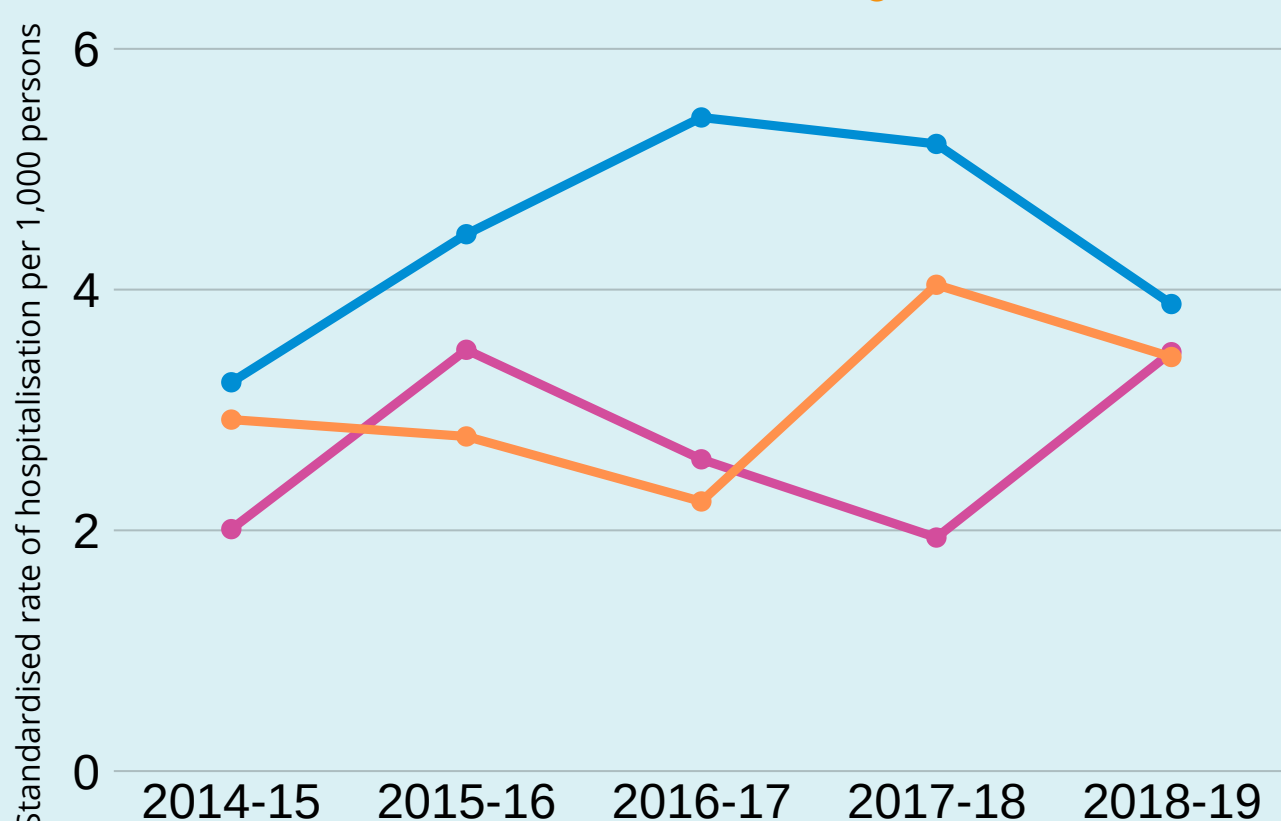
(Identified by standardised rate of hospital admissions per 1,000 persons)

1. Chronic Obstructive Pulmonary Disease (COPD)
2. Iron Deficiency Anaemia
3. Congestive Cardiac Failure
4. Diabetes Complications
5. Angina



CHANGES OVER TIME

COPD
Iron Deficiency Anaemia
Congestive Cardiac Failure



Source: Victorian Health Information Surveillance System 2019, accessed January 2020
<https://hns.dhs.vic.gov.au/3netapps/vhisspublicsite/ViewContent.aspx?TopicID=1&SubTopicID=15>

Victorian Population Health Survey 2017 Overview

Areas Benalla is doing better than the state

8% of adults met vegetable consumption guidelines (Vic 5%)

Screening tests - in the last two years:

62% of adults had a blood-lipids (cholesterol) test (Vic 57%)

89% of adults had a blood-pressure test (Vic 80%)

61% of adults had a blood-glucose (blood sugar or diabetes) test (Vic 51%)



Areas Benalla can improve

31% of adults in Benalla are obese (19% of Victorian adults)

54% of adults do less than the recommended amount of physical activity (Vic 44%)

19% of adults have high or very high levels of psychological distress (Vic 15%)



Food and drink:

19% of adults consume sugar sweetened drinks daily (Vic 10%)

38% of adults met fruit consumption guidelines (Vic 43%)

47% of adults have increased risk of injury from a single occasion of drinking alcohol (Vic 43%)



Source: Department of Health & Human Services 2019, accessed January 2020
<https://www2.health.vic.gov.au/public-health/population-health-systems/health-status-of-victorians/survey-data-and-reports/victorian-population-health-survey/victorian-population-health-survey-2017>