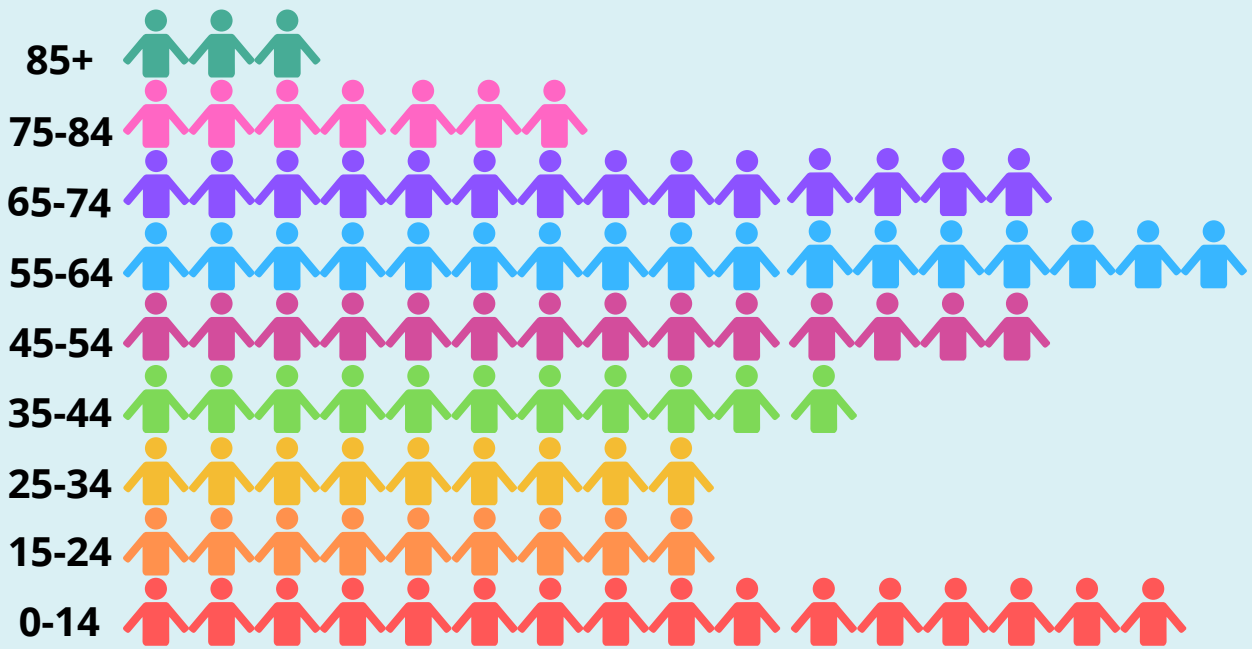




# Alpine Local Government Area

## IF IT WAS MADE UP OF 100 PEOPLE

THERE WOULD BE THIS MANY PEOPLE  
IN EACH AGE GROUP:

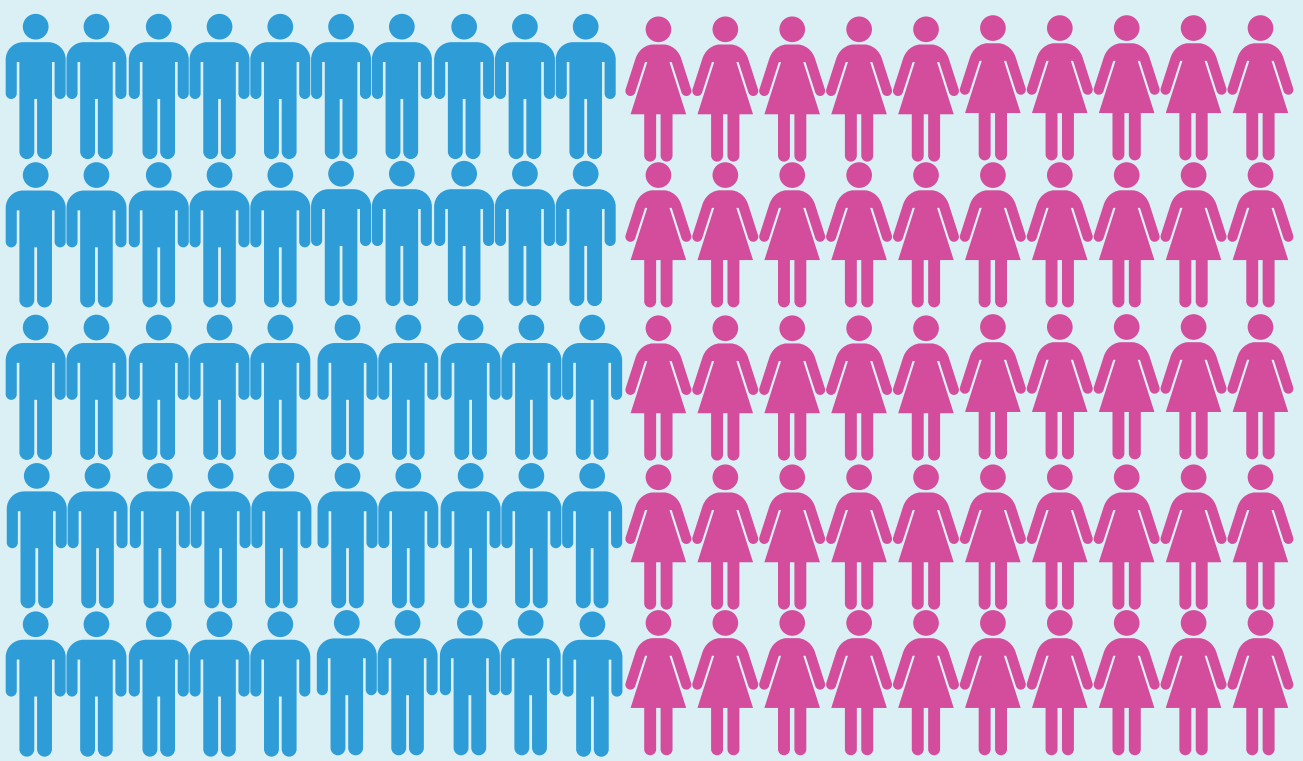


**1** PERSON IDENTIFIES  
AS ABORIGINAL AND/OR  
TORRES STRAIT ISLANDER



**8** PEOPLE SPEAK A  
LANGUAGE OTHER THAN  
ENGLISH AT HOME

**14** PEOPLE WERE  
BORN OVERSEAS



**50** Males

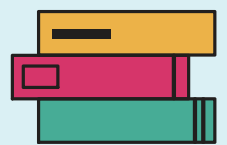
**50** Females



**44**

PEOPLE ARE EMPLOYED

**38**



PEOPLE HAVE  
COMPLETED YEAR 12  
OR EQUIVALENT

**24** people receive Government Pensions  
and Allowances

- 16 aged pension
- 3 Newstart allowance
- 3 disability support pension
- 1 carer payment
- 1 parenting payment



# Alpine Local Government Area

## TOP FIVE CHRONIC HEALTH CONDITIONS

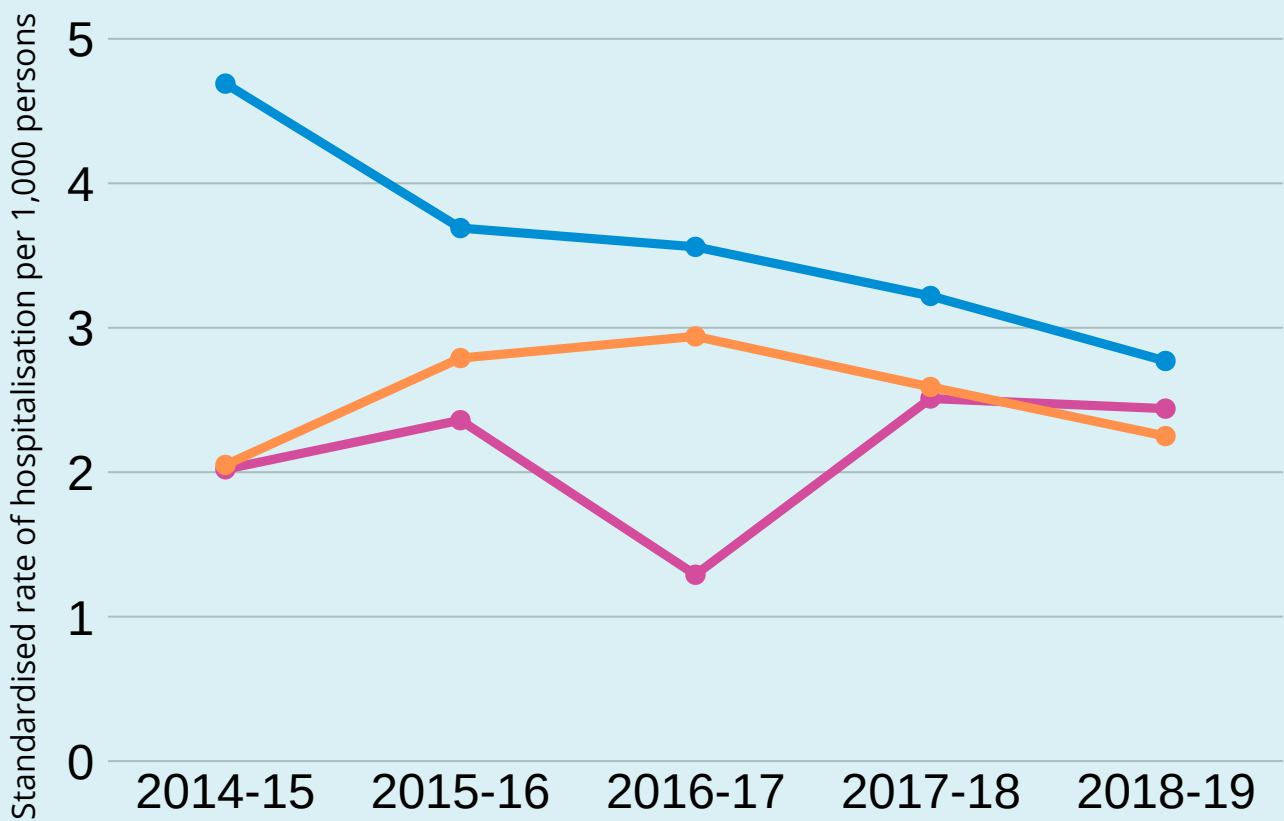
(Identified by standardised rate of hospital admissions per 1,000 persons)

1. Chronic Obstructive Pulmonary Disease (COPD)
2. Iron Deficiency Anaemia
3. Congestive Cardiac Failure
4. Angina
5. Diabetes Complications



## CHANGES OVER TIME

COPD  
Iron Deficiency Anaemia  
Congestive Cardiac Failure



Source: Victorian Health Information Surveillance System 2019, accessed January 2020  
<https://hns.dhs.vic.gov.au/3netapps/vhisspublicsite/ViewContent.aspx?TopicID=1&SubTopicID=15>

## Victorian Population Health Survey 2017 Overview



### Areas Alpine is doing better than the state

1% of adults are sedentary (inactive) (Vic 3%)

15% of adults have high or very high levels of psychological distress (Vic 15%)

### Food and drink:

8% of adults met vegetable consumption guidelines (Vic 5%)

8% of adults consume sugar sweetened drinks daily (Vic 10%)



### Areas Alpine can improve

26% of adults in Alpine Shire are obese (19% of Victorian adults)

41% of adults met fruit consumption guidelines (Vic 43%)

17% of adults smoke daily (Vic 12%)

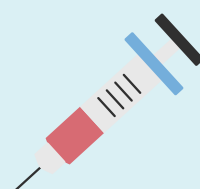
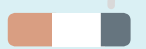
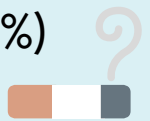
54% of adults have increased risk of injury from a single occasion of drinking (Vic 43%)

### Screening tests - in the last two years:

47% of adults had a blood-lipids test in last 2 years (Vic 57%)

70% adults had a blood-pressure test in last 2 years (Vic 80%)

45% of adults had a blood-glucose test in last 2 years (Vic 51%)



Source: Department of Health & Human Services 2019, accessed January 2020  
<https://www2.health.vic.gov.au/public-health/population-health-systems/health-status-of-victorians/survey-data-and-reports/victorian-population-health-survey/victorian-population-health-survey-2017>