

VISITING AND ASSOCIATED PROGRAMS

PROGRAM	DESCRIPTION	CONTACT
Alcohol and Other Drugs (AOD) Counselling,	Gateway Health provides free counselling to address Alcohol and Other Drugs related issues on an outreach basis. Client needs to call ACSO Connect to obtain an assessment and referral for this service.	ACSO Connect 1300 022 760
Alcohol and Other Drugs (AOD) Care & Recovery	Gateway Health provides ongoing Care & Recovery support to address complex AOD related issues on an outreach basis. Client needs to call ACSO Connect to obtain an assessment and referral for this service.	ACSO Connect 1300 022 760
Alcohol and Other Drugs (AOD) Withdrawal support	Gateway Health provides Non-residential AOD Withdrawal support via an outpatient or home based service. Client needs to call ACSO Connect to obtain an assessment and referral for this service.	ACSO Connect 1300 022 760
Alcohol and Other Drugs (AOD) Youth Outreach	Gateway Health provides AOD Youth Outreach support for clients aged 14-25 years.	Contact AOD Youth Outreach Worker 5723 2000
Breast Care Nurse	Registered Nurse with specialist qualifications in Breast Cancer Nursing, providing information and support to women and their families who are directly affected by breast cancer. Mondays and Wednesdays FREE	McGrath Breast Care Nurse Kerry Patford 0408132 105
ChildFIRST Child and Family Information, Referral and Support Team	Information, intake and assessment team which gives families advice and can link them with services and supports available in the community. Child FIRST can support families with parenting supports, behaviour, mental health, family violence, grief and loss and disability. FREE	Child FIRST 1800 705 211
Dental Service	Children 0-17. Eligibility rules may change. FREE Adults 18 and over with a valid pensioner concession (blue) or health care card (yellow) for emergency/general/denture care. Contact clinics to discuss eligibility. Cost-subsidised fee	North East Health Dental Service 5761 2201(Benalla) 5722 5325 (Wangaratta)
Family Violence Services	FREE and confidential service for women & children of any age who are experiencing family violence. Emergency refuge assistance to establish safety in addition to Information, support and counselling. AH crisis support is available via Safe Steps Family Violence Response Centre 1800 015 188	Centre Against Violence (Family Violence Intake) 03 5722 2203
Financial Counselling	FREE service for people on low incomes, or who are experiencing financial stress or debt. Available Mon, Tues, Wed	Community Care 5761 4500
Haemochromatosis Support	Local advocate with links to Haemochromatosis Australia	Judi McDonald or Deb Smith 5761 4500 Haemochromatosis Australia Infoline 1300 019 028

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Immunisation	The Council holds FREE immunisation sessions open to all members of the public for vaccinations on the National Immunisation Program Schedule. First Monday of every month from 10.00am – 11.30am.	Mobile Immunisation Service 1800 655 360
Legal Advice	FREE confidential legal advice, information, case work and referrals, for people on low incomes or otherwise disadvantaged in their access to justice. Every second Tuesday, by appointment only. FREE confidential legal advice, information, case work and referrals, for people on low incomes or otherwise disadvantaged in their access to justice. Tuesdays and Wednesdays weekly	Hume Riverina Community Legal Service 1800 918 377 Goulburn Valley Community Legal Centre 1800 010 799
Men's Sheds	Benalla Aviation Museum Wednesday and Sundays 9 am to 3pm @ the Benalla Aerodrome, Samaria Rd, Benalla The Woodworker's Association Their motto is "Get into wood, it's good". Benalla Men's Shed Every Wednesday and Friday afternoon Showgrounds	Terry Kay 5766 2455 Graeme Dosser 5762 2691 0458991350
Mind Australia	'The Social Network' runs Fridays from 12.30 til 3pm from Benalla Health, Ray Sweeney Building. A safe place for people to get together, participate in various activities or just have a chat. Available to anyone aged 16-64. Individual support for people experiencing mental distress is also available, referrals can go through ACSO Connect or if you wish to learn more please contact Mind Australia directly.	Wangaratta Office 5723 1000
Multiple Sclerosis Peer Support group	Sub Regional Peer Support group. Meets 2 nd Monday of the month, 10.00am-12.00pm	MS Connect 1800 042 138
Ossie Ostomates Support group	Peer Support group for people with stomas, led by community convenor, with 2 monthly meetings. FREE	Rex Nankervis 5762 2080
Sexual Assault Services	Free and confidential service for men, women, children and young people who have been affected by sexual assault (past or present) to access counselling and advocacy support. A 24/7 crisis service for recent sexual assaults (in the past 2 weeks) is available by calling 1800 806 292	Centre Against Violence (Sexual Assault Intake) 03 5722 2203
Tai Chi for Good Health	Two Tai Chi classes, one standing, and one chair based, run by Neena Shanks, qualified Tai Chi instructor. Wednesdays. Cost: Approx \$7	Neena Shanks 0438626 802
Victims' Assistance Program	FREE service	1300 362 739