



# CHPCP SUPPORTING MUNICIPAL PUBLIC HEALTH & WELLBEING PLANNING FOR 2017-2021

## CHPCP STRATEGIC PLAN (2016-2018) OUTCOMES:-

- Maximise health and wellbeing outcomes
- Promote health equity
- Avoid unnecessary hospital presentations and admissions

## DATA PROFILES – FEBRUARY 2017

### **HIGHLIGHTS and CHALLENGES – MANSFIELD Local Government Area (LGA)**

HIGHLIGHTS	CHALLENGES
<ul style="list-style-type: none"> <li>• High levels of social capital/engagement – e.g. able to get help from neighbours, feel valued by society, rated their community as an active community and volunteerism</li> <li>• Community rated as an active community and pleasant environment</li> <li>• Low unemployment rate compared to Victorian measure</li> <li>• Low rate of children developmentally vulnerable on two or more domains</li> <li>• High rates of breastfeeding at 3 months</li> </ul>	<ul style="list-style-type: none"> <li>• Mortgage stress is higher than Victorian measure</li> <li>• % adults smoking is much higher than Victorian measure</li> <li>• Higher % of people consuming sugar sweetened beverages daily, compared to Victorian measure</li> <li>• Higher increased risk of alcohol related harm on a single occasion, either yearly, monthly or weekly compared to Victorian measure</li> <li>• Diagnosis for anxiety or depression – considerably higher than Victorian measure</li> </ul>

## **SNAPSHOT OF DEMOGRAPHICS & SOCIAL CONDITIONS**

Source: Victorian Department of Health & Human Services, LGA Profiles, 2015 (published January 2017) <https://www2.health.vic.gov.au/about/reporting-planning-data/gis-and-planning-products/geographical-profiles>

	<b>Alpine</b>	<b>Benalla</b>	<b>Mansfield</b>	<b>Wangaratta</b>	<b>Victoria</b>
Population (number)	12,028	13,597	8,217	27,117	
Female Life expectancy (years)	84.8 years	83.2 years	84.0 years	83.0 years	84.4 years
Male Life expectancy (years)	78.5 years	78.4 years	78.2 years	79.2 years	80.3 years
Index of Relative Socio-economic disadvantage (IRSD)	987 (rank 35)	957 (rank 16)	1012 (rank 54)	981 (rank 30)	79 LGAs
Percentage of highly disadvantaged SA1s	23.8%	29.7%	5.0%	20.8%	20.0%
% residents born in NESB country	9.1%	4.3%	5.5%	4.8%	20.9%
% Aboriginal & Torres Strait Islander residents	0.9%	1.4%	0.9%	1.2%	0.9%
% population with low English proficiency	1.2%	0.4%	0.3%	0.7%	4.2%
Unemployment rate (%)	4.4%	7.2%	3.5%	6.4%	6.3%
19 year olds completing year 12 (%)	81.6%	69.3%	81.0%	75.9%	88.2%
Estimated homeless persons (per 1,000 population)	3.5	2.2	3.0	4.0	4.0
People with income less than \$400 per week	44.8%	44.8%	42.9%	42.3%	39.9%
Percentage of low income families with children	7.1%	10.8%	7.0%	8.9%	8.7%
Mortgage stress (%)	14.9%	12.2%	16.0%	12.3%	11.4%
Rental stress (%)	25.6%	32.0%	20.3%	28.3%	25.1%
Family Violence incidents (per 1,000 population)	6.8	21.3	10.7	15.9	12.4
Drug usage and possession offences (per 1,000 population)	3.6	3.9	2.4	10.1	5.1
Able to definitely get help from neighbours (%)	66.7%	68.5%	67.2%	67.0%	54.5%
Help out as a volunteer (%)	31.4%	28.5%	31.8%	26.9%	19.3%
Feel valued by society (%)	57.5%	57.2%	63.1%	58.3%	52.9%
Rated their community as good or very good for community & support groups	73.3%	65.9%	81.3%	79.6%	61.3%
Rated community as an active community (%)	93.7%	93.3%	96.1%	94.4%	81.8%
Rated community as a pleasant environment (%)	98.1%	96.7%	97.5%	97.4%	95.1%
Children developmentally vulnerable in two or more domains (see AEDC data)	7.4%	20.8%	3.3%	6.4%	9.5%
Teenage fertility rate	NA	22.2	NA	10.8	10.4
People with need for assistance with core activity	6.0%	6.4%	5.0%	5.7%	5.0%
People with severe and profound disability living in the community	4.1%	5.0%	3.7%	4.7%	4.0%

## TOP THREE HEALTH CONDITIONS (identified by number of hospital admissions)

Source: Victorian Health Information Surveillance System (VHISS) - Ambulatory Care Sensitive Conditions (ACSCs) data for 2013-14. Please note Mansfield data is for 2011-12 (data unavailable for Mansfield for 2013-14). <https://hns.dhs.vic.gov.au/3netapps/vhisspublicsite/ReportParameter.aspx?ReportID=23&TopicID=1&SubtopicID=15>

Alpine	Benalla	Mansfield	Wangaratta
1. Diabetes Complications (221 admissions)	1. Diabetes Complications (469 admissions)	1. Diabetes Complications (63 admissions)	1. Diabetes Complications (621 admissions)
2. Chronic Obstructive Pulmonary Disease (84 admissions)	2. Chronic Obstructive Pulmonary Disease (79 admissions)	2. Chronic Obstructive Pulmonary Disease (39 admissions)	2. Chronic Obstructive Pulmonary Disease (104 admissions)
3. Congestive Cardiac Failure (38 admissions)	3. Congestive cardiac failure (62 admissions)	3. Congestive cardiac failure (28 admissions)	3. Congestive cardiac failure (81 admissions)

## VICTORIAN (ADULT) POPULATION HEALTH & WELLBEING

Source: Victorian Population Health Survey 2014 (published July 2016). Third stage data to be released soon. [www.health.vic.gov.au/healthstatus/survey/vphs.htm](http://www.health.vic.gov.au/healthstatus/survey/vphs.htm)

### Stage 1 data: MODIFIABLE RISK FACTORS CONTRIBUTING TO CHRONIC DISEASE

Modifiable Risk Factors	Alpine	Benalla	Mansfield	Wangaratta	OM & G region	Victoria
Smoking status	12.7%*	14.6%	29.2%	19.2%	16.1%	13.1%
Obesity (BMI greater than 30)	13.5%	26.9%	16.3%	16.9%	23.6%	18.8%
Pre-obesity (BMI 25.0 – 29.9)	30.2%	28.0%	27.8%	33.1%	32.2%	31.2%
Sedentary Behaviour	2.7%	3.7%	1.3%	2.8%	3.6%	3.6%
Met NHMRC (2013) vegetable consumption guidelines	10.4%	12.1%	7.3%	5.4%	7.7%	6.4%
Met NHMRC (2013) fruit consumption guidelines	55.1%	46.7%	44.1%	43.3%	45.7%	47.8%
Daily consumer of sugar sweetened soft drinks	12.5%	20.4%	20.7%	19.2%	15%	11.2%
Breastfeeding rates at 3 mths (fully) (from 2014-15 M&CH annual report data)	55.2%	50%	67.4%	48.1%	-	-
Increased risk of alcohol related harm on a single occasion, either yearly, monthly or weekly.	56.1%	40.2%	46.3%	43.5%	50%	42.5%
High or very high level of psychological distress.	8.2%	13.7%	11.1%	15.2%	12.9%	12.6%

\*point estimate (%) should be treated with caution.

## Stage 2 data: HEALTH AND WELLBEING, CHRONIC CONDITIONS AND SCREENING AND EYE HEALTH

Health Status – self reported health status	Alpine	Benalla	Mansfield	Wangaratta	OM & G region	Victoria
Fair or poor	19.5%	26.7%	11.1%	21.9%	21.1%	20.3%
Good	26.2%	36.9%	51.7%	31.8%	36.4%	39.1%
Excellent/very good	54.3%	36.3%	36.9%	46.0%	42.1%	40.2%
<b>Chronic Disease diagnosis</b>						
Type 2 Diabetes	4.1%	5.6%	4.7%	4.4%	5.2%	5.3%
Anxiety or depression	27.5%	25.4%	37.2%	25.4%	27.9%	24.2%
Arthritis	19.6%	23.9%	23.3%	17.2%	22.7%	19.8%
Cancer	7.3%	6.5%	7.4%	10.8%	8.2%	7.4%
Heart Disease	6.7%	8.4%	9.2%	11.4%	8.4%	7.2%

*Biomedical check and screening and eye health data also available.*

### EARLY DEVELOPMENT (CHILDREN)

Source: Australian Early Development Census Data 2015 (published 2016) <https://www.aedc.gov.au/data/downloads>

Domains	Alpine		Benalla		Mansfield		Wangaratta		Victoria	
	% Children developmentally at risk	% Children developmentally vulnerable	% Children developmentally at risk	% Children developmentally vulnerable	% Children developmentally at risk	% Children developmentally vulnerable	% Children developmentally at risk	% Children developmentally vulnerable	% Children developmentally at risk	% Children developmentally vulnerable
Physical Health & Wellbeing	11.6%	5.4%	9.3%	13.9%	14.7%	6.3%	11.4%	10.5%	11.2%	7.9%
Social Competence	16.3%	7.0%	13.2%	17.2%	16.8%	7.4%	12.7%	10.8%	14.1%	8.7%
Emotional Maturity	19.4%	7.0%	14.2%	18.9%	11.6%	5.3%	16.6%	8.4%	14.5%	8.0%
Language & Cognitive Skills	7.8%	7.8%	13.9%	7.9%	6.3%	5.3%	12.0%	8.4%	8.9%	6.3%
Communication Skills & General Knowledge	15.5%	7.0%	13.9%	9.3%	13.7%	5.3%	13.9%	9.0%	13.6%	7.6%

*Can get data at a community level as well.*