

Annual Report

2015-2016



Central Hume Primary Care Partnership

The Central Hume Primary Care Partnership (CHPCP) is a partnership of hospitals, community based health services, non-government organisations (NGOs) and local governments. The partners work together to plan and care for the health and wellbeing of communities in the Alpine, Benalla, Mansfield and Wangaratta local government areas (LGAs).

The partners are guided by the CHPCP Strategic Plan 2016 – 2018.

Vision

The CHPCP vision is to improve the health and wellbeing of our communities in Alpine, Benalla, Mansfield and Wangaratta local government areas through strengthening collaboration and integration across sectors, and influencing change.

Mission

The CHPCP's mission is to maximise health and wellbeing outcomes for our communities in Alpine, Benalla, Mansfield and Wangaratta local government areas through advocacy and influence; and by promoting health equity and avoiding unnecessary hospital presentations and admissions.

Strategic Priorities

Our strategic priorities for 2016 to 2018 are:

- ◆ Strengthen collaboration in planning and integrated care
- ◆ Strengthen the local service systems in the CHPCP catchment
- ◆ Increase participation of consumers in health system & aged care system - planning and program design.

CHPCP Office Team

Jenny Ashby: Executive Officer

Melinda Shepherd/Lawley: Executive Officer (until 31 August 2015)

Lisa Guppy: Executive Support & Projects Officer

Deb Staunton: Administration & Projects Officer (until 2 March 2016)

Clare Schultz: Integrated Health Promotion & Prevention Co-ordinator

Chris Thorne: Aboriginal Community Support Worker, Koolin Balit

Tricia Hazeleger: Advance Care Planning Initiative, East Hume & Border

Hannah Symes: Go Local, Go Fresh Project – Mansfield & Benalla

Grace Thompson: Casual Administration Officer

Vacant – Integrated Chronic Disease Management Co-ordinator

CHPCP PARTNERS

Local Governments

Alpine Shire Council
Benalla Rural City Council
Mansfield Shire Council
Rural City of Wangaratta

Hospitals

Alpine Health (Multi- Purpose Service)
Benalla Health
Mansfield District Hospital
Northeast Health Wangaratta

Health Services (community based)

Gateway Health - Wangaratta
MIND (Mental Health Service)
Women's Health Goulburn North East

Non-Government Organisations (NGOs)

Cooinda Village Benalla (aged care)
NESAY Inc. – North East Support & Action for Youth
Uniting Care Goulburn North East
The Centre for Continuing Education (Wangaratta & Benalla)
Yooralla

Other

Murray Primary Health Network

The 2015-2016 year saw many changes in the Central Hume Primary Care Partnership. The CHPCP Executive developed a new Strategic Plan, in conjunction with the CHPCP team, for 2016 to 2018. The Executive Officer Melinda Shepherd/Lawley left CHPCP after 8½ years in the position. Jenny Ashby, was appointed as the new Executive Officer. Jenny Ashby is well known to the CHPCP partners as she has worked with the CHPCP in several roles since 2011.

Highlight of the year was the Roundtable that the CHPCP Executive, including partners, community members and staff, held with Ken Wyatt, the Federal Assistant Minister for Health and Aged Care; and the Federal Member for Indi, Cathy McGowan. The Roundtable addressed the (i) Rural Model of Aged Care (ii) Central Hume Aboriginal Health Model, and (iii) Advance Care Planning Initiative – North East and Border.

After an Expression of Interest process with CHPCP partners, the auspice for Employment Operations for CHPCP changed from Gateway Health Wangaratta (previously Ovens and King Community Health Service) to Northeast Health Wangaratta as of 1 July 2016. This necessitated new contracts for all the staff, as well as changes to policies and procedures.

The Finance Committee worked on improving our reporting system. They also developed a 3 year plan committing the carry forward funds. This Finance Plan continues to support the CHPCP Local Partnership model through resourcing four local government area based partnerships, and funds projects responsive to locally identified health and wellbeing needs.

Finally, our thanks and appreciation to Louise Knol, CHPCP Chair (until May 2016) for her leadership and guidance of the CHPCP through this time of change.

Financial Report

Central Hume PCP End of Financial Year for the period 1st July 2015 to 30th June 2016

Balance brought forward from previous Financial Year \$1,064,704			
INCOME		EXPENDITURE	
DHHS PCP Funding	\$ 325,572	Salaries & Wages incl. on-costs, recruitment	\$ 261,068
Other DHHS Grants	\$ 169,086	Conferences, Staff Training & Education	\$ 8,584
Interest	\$ 21,228	Corporate/Management Charge by Host Agency	\$ 82,448
Other Revenue	\$ 193,143	Motor Vehicles and Travel	\$ 31,874
		Printing and Stationary	\$ 5,504
		Administration (General)	\$ 23,171
		Repairs and Maintenance	\$ 939
		Asset Purchases	\$ 4,893
		Rent	\$ 17,213
		Consultancy	\$ 9,607
		Projects	\$ 283,389
Income Total	\$ 709,029	Expenditure Total	\$ 728,690
Net Surplus/(Deficit) (\$19,661)			
Balance Sheet			
Current Assets	\$ 1,013,531		
Liabilities		Project Commitments 2016/2017	\$ 519,319
*Outstanding Project Commitments	\$ 759,319	Project Commitments 2017/2018	\$ 140,000
*DHHS funds held in Trust	\$ 134,720	Project Commitments 2018/2019	\$ 100,000
Total Liabilities	\$ 894,039		
Net Assets	\$ 119,492		

Partnership Development

Our newest member, Cooinda signed the CHPCP Partnering Agreement to formalise their considerable contribution to our aged care planning work. This recognises their leadership in developing the '*How to find services for older people in Benalla*' brochure that describes the local aged care system. This work was replicated for Mansfield with their local system, and soon will be in Alpine and Wangaratta.

The Murray Primary Health Network – North East also joined the Central Hume PCP – the CHPCP Executive sees this as an important strategic alliance, now and into the future.

Local Partnerships – seven Local Partnership projects were funded including NESAY Inc. for the *Community Engagement and Equity Model & Toolkit* (Wangaratta); Mansfield Shire Council for the *Vulnerable Persons Project* (Mansfield); & Benalla Health for the *Pathways to Safety Project* (Benalla).

Client and Community Engagement

The CHPCP developed and launched the *Client and Community Engagement Capacity Building Framework* in 2015. This Framework focuses on communication, health literacy and community engagement as the building blocks. An *Engagement Resources Booklet* was produced that documented 11 case studies on how our partner organisations' currently work in this space.

A partnership project with Community Advocates from the *Alpine Aged Care Advocacy Service Inc.* was highly successful. The CHPCP Engagement and Planning Co-ordinator worked with the Community Advocates to support and train them to conduct telephone interviews with older people assessed and waiting for a Home Care Package to become available. The data collected from interviewing 150 older people describes their experiences and supports / lack of supports while waiting.

Aged Care Planning

Quarterly Central Hume Aged Care Planning Forums were held: (i) *What is happening in HACC?* (ii) *'Local means Local' – sustainability of the local aged care system* (iii) *Changes: updates & information sharing* (iv) *Modified Monash – the Commonwealth's new remoteness classification system.* The Executive Officer Jenny Ashby presented a paper on the collaborative work of CHPCP at the LASA Tri-State Conference in Albury in February 2016.

Aboriginal Health – Koolin Balit

After 3 years of planning efforts to improve access to dental care by marginalised communities, the Northeast Health Wangaratta Dental Van made its first appearance at the *Mansfield Do It Festival*.

Mental Health has been a focus of work, particularly with a highly successful event at Swanpool with Benalla Rural City Council aimed at small rural schools and home schooled children.

Taking Care of Dying Time is a YouTube video where Chris Thorne, our Aboriginal Community Support Worker, talks about his lived experience and the value of having an Advance Care Plan.

Advance Care Planning Initiative – East Hume and Border

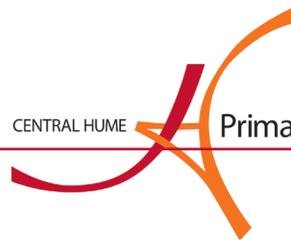
CHPCP auspices this Project that covers 8 local government areas, including Albury. The project components include: community awareness raising; health professional training; creation of resources (regional brochure, video, Lawyer's Kit, 'Volunteer Ambassadors Program' etc.); and agency readiness.

Integrated Care

Development of a Central Hume Diabetes Care Model with a Centre of Excellence approach has focused the CHPCP on addressing this significant health issue across our catchment.

Prevention

As part of the Central Hume Healthy Eating Plan, the *Go Local, Go Fresh* Catchment Project was identified, and funded by the CHPCP Executive. The project focus is working with small rural communities in identified 'food deserts' to increase their access to fresh fruit and vegetables. A new sub-catchment approach was taken with this project: Alpine / Wangaratta and Mansfield / Benalla.



◆ Community Engagement and Equity Project

